

Sunday school: 7 I AMs

1- the bread of life

- after feeding the 5000
- Bread gives physical nourishment. Jesus is spiritual nourishment.
- When we feel hungry, like something is missing. He will satisfy us
- Like always looking for happiness from outside
- Physical bread can not sustain us when we are dead

2- light of the world

- During feast of tabernacle where they have huge lit chandeliers
- Jesus lights the way for us to see
- When were lost, confused, don't know whats going on

3- the door

- to get to heaven you have to go through him

4- the good shepherd

- not a hierling who runs when a wolf comes
- He leads us to nourishment, protection, sasfety
- We should follow him to safety

5- the resurrection and the life

- After lazarus died
- He is declaring he is more powerful than death
- Anyone that comes to him has eternal life
- Death is not to be feared
- Give us hope

6-the way, the truth, the life

- the way to heaven when were lost
- Anyone who loves me will obey my teachings
- Careful of wrong teachings

7- the true vine and my father is the vine dresser

- We can not bear good fruit without god who prunes our good branches and cuts away our bad branches

Emotions/situations that are addressed:

1. Lost
2. Hungry
3. Feel empty inside
4. Feel like something is missing
5. Sad
6. Confused
7. Dont know what to do/whats going on

8. In danger
9. Hopeless
10. Scared
11. Naive/learning about god
12. Develop/show fruit

Fun fact: I AMs only mentioned in John (for the gentiles)