

The paralytic man (5th Sunday) Sunday school lesson:

- Christ is asking a very important question. Do you really wanna be made well?
 - What's your motives? It could be that we are comfortable where we at and we don't want to get better!!
 - The question could also be an indication that Christ will only help by using free will. He won't force healing. God has to see your will and your desire. We ought to be eager in our will to be fully healed.
 - Christ needed a reason to heal the man.
- The guy answered that "he has no one to throw him"
 - This might be taken that he is providing the proof that he really want to get healed and that's why he is waiting for the water to be moved by the angel
 - This can also be taken that the guy didn't really give a yes or no. Why not be direct?
 - Refocusing our attention to Jesus. Yes we need healing but instead of dwelling on this matter, look to Christ.
- If you need healing and freedom from sin then you need to abide by Gods word. You have to put the time. "I can't help you if you can't help yourself". There is no such thing as "I can't do it or can't stop my addiction and ... etc" but we sometimes mean "we won't stop it. We might wanna continue being this way"
 - Are you at this pool for healing? At least the man did something good and he brought himself to the pool.
- Are you interested in healing or for your needs or knowing and having relationship with God? God didn't even mind him coming for just healing, but it matters what we do after.
- Let the word of God be the only Thing that heals you. Don't seek worldly satisfactions and things to fill up your time and your void.
- It doesn't matter how long we went astray. The distance back to God is not proportional to the distance I took away from God. But it takes a step!! It takes that I start somewhere. 38 years is such a VERY LONG period of waiting. It could be 38 hours with us and we can't even take it. It's time to work on ourselves.
- Take steps: put your bible (physical) next to your bed. Start with the new testaments books and the 4 gospels. Stories are short and to the point.
- Meditation: This man was most likely "quadriplegic", paralyzed in his 4 limbs. anything below the neck he can't control. Christ is the head so if the head is disconnected from the body then it's dead. Find your healing in Christ.
- This disease was a result of sin as Christ told him to "not sin no more", not all hardships are because of a sin. Be search within yourself because you might need healing spiritual more than the physical healing. This guy would not have known spiritual healing if he wasn't paralyzed and Christ healed him both physically and spiritually.
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